

SCHOOL SPORT extra-curricular programme – TERM 1, 2019/ SCHULE SPORT AGs 1. QUARTAL 2019

Conditional changes depending on the learner time-table / unter Vorbehalt - Änderungen abhängig vom Stundenplan



D S P
Deutsche
Internationale
Schule
Pretoria

SPORT	TIME/ZEIT	MON/Mo	TUES/Di	WED/Mi	THU/Do	FRI/Fr	SAT/SUN
ATHLETICS/ LEICHTATHLETIK Frau Löwe	14:25-15:45		Boys & Girls Gr/KI 5-12				
BASKETBALL Herr Kowalsky Frau Breytenbach	14:15-16:00				Boys & Girls Gr/KI 7-12		
HANDBALL Herr Ehrich Herr Chepape	14:25-15:45		Boys & Girls Gr/KI 5-9 (Herr Chepape)	Boys & Girls Gr/KI 5-9 (Herr Ehrich)			
LIFE SAVING Frau Kapfhammer	15:30-17:00		All/Alle				
MINI OLYMPIA Frau Löwe	13:30-14:10			Boys & Girls Gr 1 - 4			
OLYMPIA TRAINING	08:00-10:00						Saturday/Samstag All/Alle
SOCCER Herr Freire: 0610331626 Herr Chepape		14:30-15:45 Gr/KI 8-12 U14-U20	12:30-13:30 VS, Gr/KI 1+2 13:30-14:25 Gr/KI 3	10:00-10:30 Kindergarten	12:30-13:30 VS, Gr/KI 1+2 13:30-14:25 Gr/KI 3	14:30-16:45 Girls	
			14:30-15:40 Gr/KI 4-7 (U10-U13)	14:15-16:45 Girls	14:30-15:40 Gr/KI 4-7 (U10-U13)	Saturday/Samstag 10:00-12:00 Girls/Mä	
SWIMMING Mrs Erasmus Mrs Breytenbach	12:45-13:25	VS-Gr2 (max 15)	Primary School Gala Swimmers	LTS Gr3-5 (20) LTS Gr6-8 (20)	VS-Gr2 (max 15)	Junior Galas: 8/2 @ Lynnwood 15/2 @ DSP 22/2 @ DSP	
	13:30-14:10	VS-Gr2 (max 15)			VS-Gr2 (max 15)		
	14:25-15:05	High School			Senior Galas: 31/1 @ DSG 7/2 @ Sutherland 14/2 @ DSG		
	15:05-15:45	Gala Swimmers					
VOLLEYBALL Nicki Wenhold	16:00-18:00		Gr/KI 8-12 (boys & girls)				Sunday/Sonntag 14:00-18:00 All/Alle
	17:00-20:00				Beach (beg-adv)		

PRIVATE SPORT extra-curricular programme – TERM 1, 2019/ PRIVAT Sport AGs 1. QUARTAL 2019
(subject to change/Änderungen vorbehalten)

SPORT	TIME/ZEIT	MON/Mo	TUE/Di	WED/Mi	THU/Do	FRI/Fr
ATHLETICS/ LEICHTATHLETIK Jürgen Kirsch	14:15–15:45	Boys & Girls Kl. 7-12				
BADMINTON Ewald Graefe 0848708805	19:00-21:00				students, teachers, alumni, parents	
BALLET Deoné: 0834095442	12:30-17:30	As agreed/ Nach Vereinbarung			As agreed/ Nach Vereinbarung	
CHESS Jacqui Grobelaar	12:00			All/Alle (Library)		
DSP HANDBALL CLUB	19:00-21:00		students, teachers, alumni, parents			
GYMNASTICS/TUMBLING Frau Lange-Rabie: 0832535584	15:45-17:15 16:00-19:00 16:00-19:00	VS-Gr10/KI10		VS-Gr10/KI10	VS-Gr10/KI10	
KARATE Herr Dylan van Wyk: 0827270509	13:00-13:35 13:00-13:55 14:15-15:15			Kindergarden and VS Gr/KI 1-2 Gr/KI 3 and older/älter		
MODERN DANCE/ HIP HOP Frau Hattingh: 0716179145	14:00-14:30 14:30-15:00 15:00-15:30		VS-Gr/KI 2 Hip hop Gr/KI 3-7 Modern Gr/KI 3-7			
MONKEYNASTIX Bernadette de Waal: 0849580838	12:45-13:15	All/Alle				
PILATES Frau Lange: 0723480081	7:45-8:45			All/Alle		All/Alle
PLAY GOLF Terence Westcott: 0823075050	12:45-13:45 13:45-14:45 14:45-15:45	VS-Gr/KI 4 VS-Gr/KI 4 VS-Gr/KI 4				
SWIMMING Jarryd Irvine: 0728509567 https://www.actualise.co.za/swim/			Monday – Thursday: 13:00-16:00 (30 min Learn-to-Swim and Stroke Development bookings Monday – Thursday: 14:00-16:00 (60 min Stroke Correction and Performance Squad sessions) Tuesday & Thursday: 06:00-07:00 (Stroke Correction & Performance Squad sessions)			
TABLE TENNIS Martin Beyers 082 875 6129	14:30-15:45	All/Alle				
TENNIS Herr vd Walt: 0827757606	7:30-9:30 12:00-17:00	As agreed/ Nach Vereinbarung	As agreed/ nach Vereinbarung	As agreed	As agreed	As agreed
VOLLEYBALL Ewald Graefe 0848708805	19:00-21:00	students, teachers, alumni, parents				