

## Prepared Lunch Menu - November 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01-03 Nov			Spaghetti Bolognese  <span style="color: red;">Carrot Sticks</span>	Butter Chicken  <span style="color: red;">Salad</span>	Chicken Strips Potatoes  <span style="color: red;">Fruit</span>
			Vegetarian Bolognese  <span style="color: red;">Carrot Sticks</span>	Veggie Curry  <span style="color: red;">Salad</span>	Vegan Schnitzels Potatoes  <span style="color: red;">Fruit</span>
6-10 Nov	Pasta Napoli Cheese  <span style="color: red;">Carrot Sticks</span>	Beef Stroganoff Rice  <span style="color: red;">Veggie Sticks</span>	Beef Sausage Mash  <span style="color: red;">Salad</span>	Sweet and Sour Pork, Stir Fry Noodles	Pizza - Bacon  <span style="color: red;">Fruit</span>
	Pasta Napoli Cheese  <span style="color: red;">Carrot Sticks</span>	Vegetarian Beef Stroganoff Rice  <span style="color: red;">Veggie Sticks</span>	Vegan Sausage Mash  <span style="color: red;">Salad</span>	Vegetarian Stir Fry Noodles	Pizza - Margarita  <span style="color: red;">Fruit</span>
13-17 Nov	Macaroni and Cheese  <span style="color: red;">Veggie Sticks</span>	Cottage Pie Mixed Vegetables	Chicken Drumsticks Rice  <span style="color: red;">Veggie Sticks</span>	Pork Sausage Rice  <span style="color: red;">Salad</span>	Hotdogs  <span style="color: red;">Fruit</span>
	Macaroni and Cheese  <span style="color: red;">Veggie Sticks</span>	Vegetarian Cottage Pie Mix Vegetables	Vegan Schnitzel Rice  <span style="color: red;">Veggie Sticks</span>	Vegan Sausage Rice  <span style="color: red;">Salad</span>	Vegan Hotdog  <span style="color: red;">Fruit</span>
20-24 Nov	Spaghetti Bolognese  <span style="color: red;">Carrot Sticks</span>	Chicken A La King Rice  <span style="color: red;">Cucumber and Tomato</span>	Mince Con Carne German Bread  <span style="color: red;">Veggie Sticks</span>	Tuna Pasta  <span style="color: red;">Salad</span>	Chicken Schnitzel Salad
	Vegan Bolognese  <span style="color: red;">Carrot Sticks</span>	Vegetarian Chicken A La King Rice  <span style="color: red;">Cucumber and Tomato</span>	Bean Chilli Con Carne German Bread  <span style="color: red;">Veggie Sticks</span>	Mushroom Pasta  <span style="color: red;">Salad</span>	Vegan Schnitzel Salad
27-30 Nov	Pasta Napoli Cheese  <span style="color: red;">Fruit</span>	Pork and Beef Goulash Rice  <span style="color: red;">Veggie Sticks</span>	Beef Lasagne  <span style="color: red;">Salad</span>	Potato Bake with Bacon  <span style="color: red;">Fruit</span>	
	Pasta Napoli Cheese  <span style="color: red;">Fruit</span>	Veggie Goulash Rice  <span style="color: red;">Veggie Sticks</span>	Vegetarian Lasagne  <span style="color: red;">Salad</span>	Potato Bake with Cheese  <span style="color: red;">Fruit</span>	